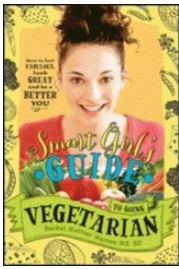


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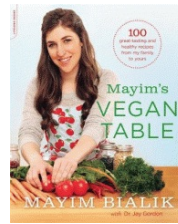
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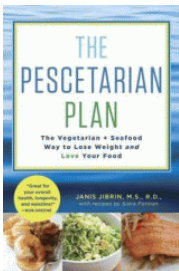
### The smart girl's guide to going vegetarian

Rachel Meltzer Warren, MS, RDN.



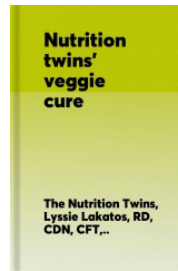
### Mayim's vegan table

Mayim Bialik ; with Dr. Jay Gordon.



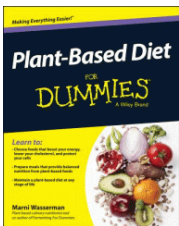
### The pescetarian plan

Janis Jibrin, M.S., R.D. ; recipes by Sidra Forman ; photographs by Kate Headley.



### Nutrition twins' veggie cure

The Nutrition Twins, Lyssie Lakatos, RD, CDN, CFT, and Tammy Lakatos Shames, RD, CDN, CFT.



### Plant-Based Diet For Dummies



### My beef with meat

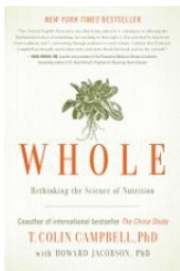
Rip Esselstyn.

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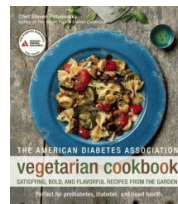
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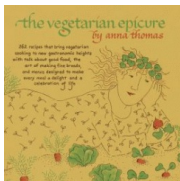
### Whole

T. Colin Campbell, PhD ; with Howard Jacobson, PhD.



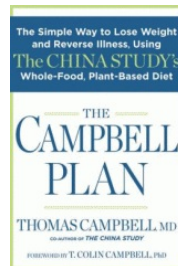
### The American Diabetes Association vegetarian cookbook

by Steven Petusevsky.



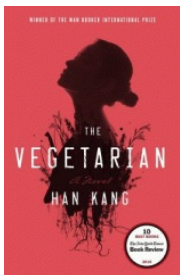
### The vegetarian epicure

by Anna Thomas ; illustrations by Julie Maas.



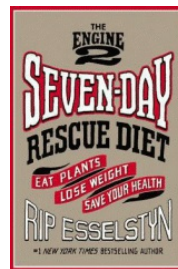
### The Campbell plan

Thomas Campbell, MD, co-author of The China Study ; foreword by T. Colin Campbell, PhD.



### The vegetarian

Han Kang ; translated from the Korean by Deborah Smith.



### The Engine 2 seven-day rescue diet

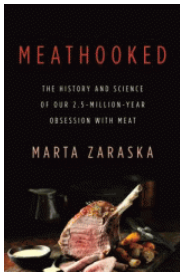
Rip Esselstyn, with recipes by Jane Esselstyn.

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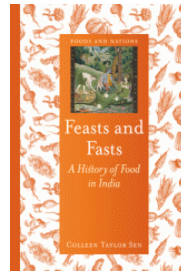
## ECLECTIC INTERESTS

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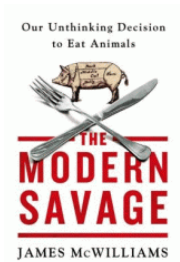
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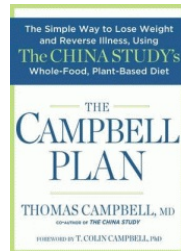
**Meathooked**  
Marta Zaraska.



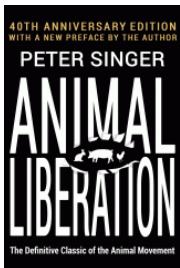
**Feasts and fasts**  
Colleen Taylor Sen.



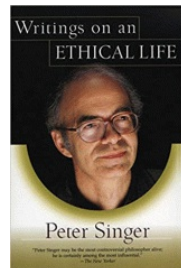
**The modern savage**  
James McWilliams.



**The Campbell plan**  
Thomas Campbell, MD, co-author of The China Study ;  
foreword by T. Colin Campbell, PhD.



**Animal liberation**  
Peter Singer.



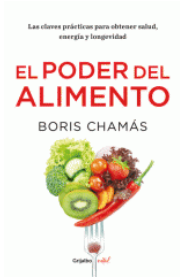
**Writings on an ethical life**

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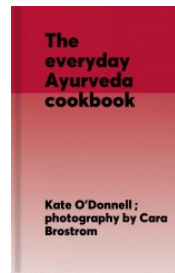
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### El poder del alimento

Boris Chamás.

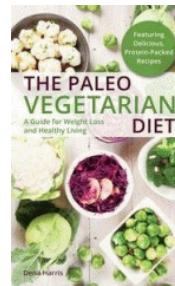


### The everyday Ayurveda cookbook

Kate O'Donnell ; photography by Cara Brostrom.

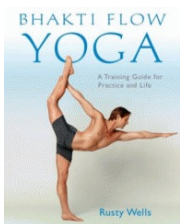


### Ancient India-Sacred Cows and Ayurveda



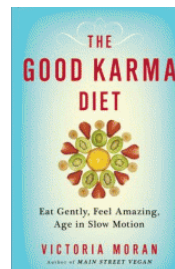
### The Paleo vegetarian diet : a healthy weight-loss guide for gatherers

Harris, Dena, author.



### Bhakti flow yoga

Rusty Wells.



### The good karma diet

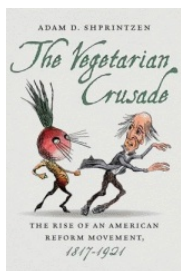
Victoria Moran ; with recipes from Doris Fin, CHHC, AADP.

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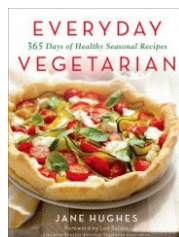
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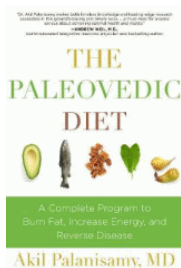
### The vegetarian crusade

Adam D. Shprintzen.



### Everyday vegetarian

Jane Hughes.



### The paleovедic diet

Dr. Akil Palanisamy, M.D. ; foreword by Robb Wolf.