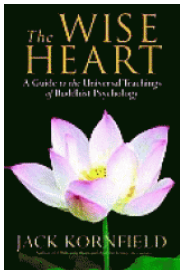


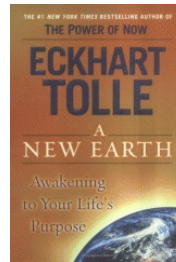
BKLYN BookMatch - Spiritual

Recommendations for a reader who wants spiritual books that focus on on self-improvement and enrichment. This list was created by a librarian with the Brooklyn Public Library for a reader. Would you like your own personalized list of reading suggestions? Visit Bklyn BookMatch here: www.bklynlibrary.org/bookmatch

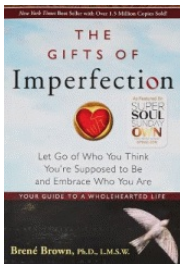
Created by BklynKalliopiM



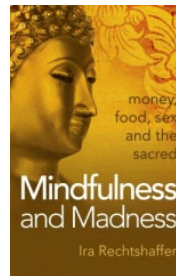
The wise heart
Jack Kornfield.



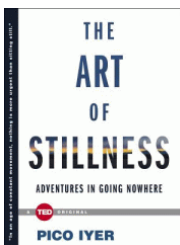
A new earth
Eckhart Tolle.



The gifts of imperfection
by Brenê Brown.



Mindfulness and madness
Ira Rechtshaffer Ph.D.



The art of stillness
Pico Iyer ; photography by Eydis Einarsdóttir.